

Camdenton High School Menu

March 2017



Meal Prices

Student Breakfast \$1.20 Adult Breakfast \$1.85 Student Lunch \$2.25 Adult Lunch \$2.90

Daily Breakfast Options

Cereal w/ Toast
Cereal Bar w/ Toast
Yogurt w/ Toast
Bagel w/ Cream Cheese
Yogurt Bar with Granola

Daily Lunch Options

Pizza
Chicken Sandwiches
Deli Sandwich or Wrap
Peanut Butter & Jelly
Hamburger
Cheeseburger
Chef Salad
Yogurt

Daily Fruit Choices

Fresh, Canned, Frozen or Dried or 100% Fruit Juice

Daily Vegetable Choices

Fresh Veggies, Side Salad, Hot Canned or Frozen Vegetable

Daily Milk Choices

Skim Chocolate, White, Strawberry or 1% White

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to Change		1 French Toast Sticks OR Croissant Sandwich ************************************	2 Biscuit & Gravy OR Dutch Waffle ************ Orange Chicken with Rice OR Nacho Bites with Cheese	3 Cinnamon Roll OR Breakfast Taco *********** Hot Ham & Cheese OR Turkey Pot Pie
6 Breakfast Pizza OR Whole Wheat Honey Bun ************* BBQ Rib on Bun OR Ravioli with Texas Toast	7 Biscuit & Gravy OR Pancakes ************ Chicken Nachos OR Chicken & Cheese Quesadilla	8 Pizza Bagel OR Pancake Sausage Stick ********** Meatball Sub OR Honey BBQ Chicken Bites	Sauce 9 Biscuit & Gravy OR Dutch Waffle ************** Mini Calzones OR Spaghetti with Texas Toast	Muffin OR Scrambled Eggs Toast ************** Domino's Smart Slice Pizza
13 Mini Cinni's OR Croissant Sandwich *************** Sweet & Sour Chicken OR Egg Roll with Fried Rice	14 Biscuit & Gravy OR Waffles ************** Meatloaf with Hot Roll OR Country Beef Steak with Hot Roll	Biscuit OR Apple Bosco Stick **************** Tomato Soup with Grilled Cheese Sandwich OR Corn Dog	OR Pancake Sausage Stick **************** Pork Carnitas OR Breaded Mozzarella Sticks	Breakfast Pizza OR Whole Wheat Honey Bun ******************** Reuben Sandwich OR Hot Dog Bar
20 Long John Donut OR Breakfast Burrito ******************* Chicken Fajitas OR Chicken Quesadilla	21 Biscuit & Gravy OR Dutch Waffle ************************** OR Beef Stroganoff	22 Pancakes OR Sausage & Egg Biscuit *********** Oven Fried Chicken OR Mini Calzones	23 Muffin OR Scrambled Eggs/Toast ********** Stromboli OR Pizza Crunchers	24 Cinnamon Roll OR Breakfast Burrito ************ Chicken Nuggets OR Bosco Breadsticks
27 Breakfast Pizza OR Whole Wheat Honey Bun *********** Buffalo Chicken Pizza OR Chicken Alfredo	28 Pancakes OR Breakfast Pizza ************ Orange Chicken with Rice OR Soft Pretzel with Cheese	29	30	31